

Child and Adult Care Food Program
DAILY MENU FOR INFANTS
(4-7 MONTHS)

Name of Center _____
 Agreement Number 7272
 Month/Year _____

	4 thru 7 months	Date _____	Date _____	Date _____	Date _____	Date _____
BREAKFAST 1. Breastmilk or Iron Fortified Formula 2. Infant Cereal (Iron Fortified) Dry	4-8 Fl. Oz 0-3 Tbsp.					
LUNCH 1. Breastmilk or Iron Fortified Formula 2. Infant Cereal (Iron Fortified) Dry 3. Fruit and /or Vegetable of appropriate consistency*	4-8 Fl. Oz 0-3 Tbsp. 0-3 Tbsp					
SNACK PM (Supplemental) 1. Breastmilk or Iron Fortified Formula	4-6 Fl. Oz.					

*Appropriate consistency means the thickness or the texture that the baby can tolerate.